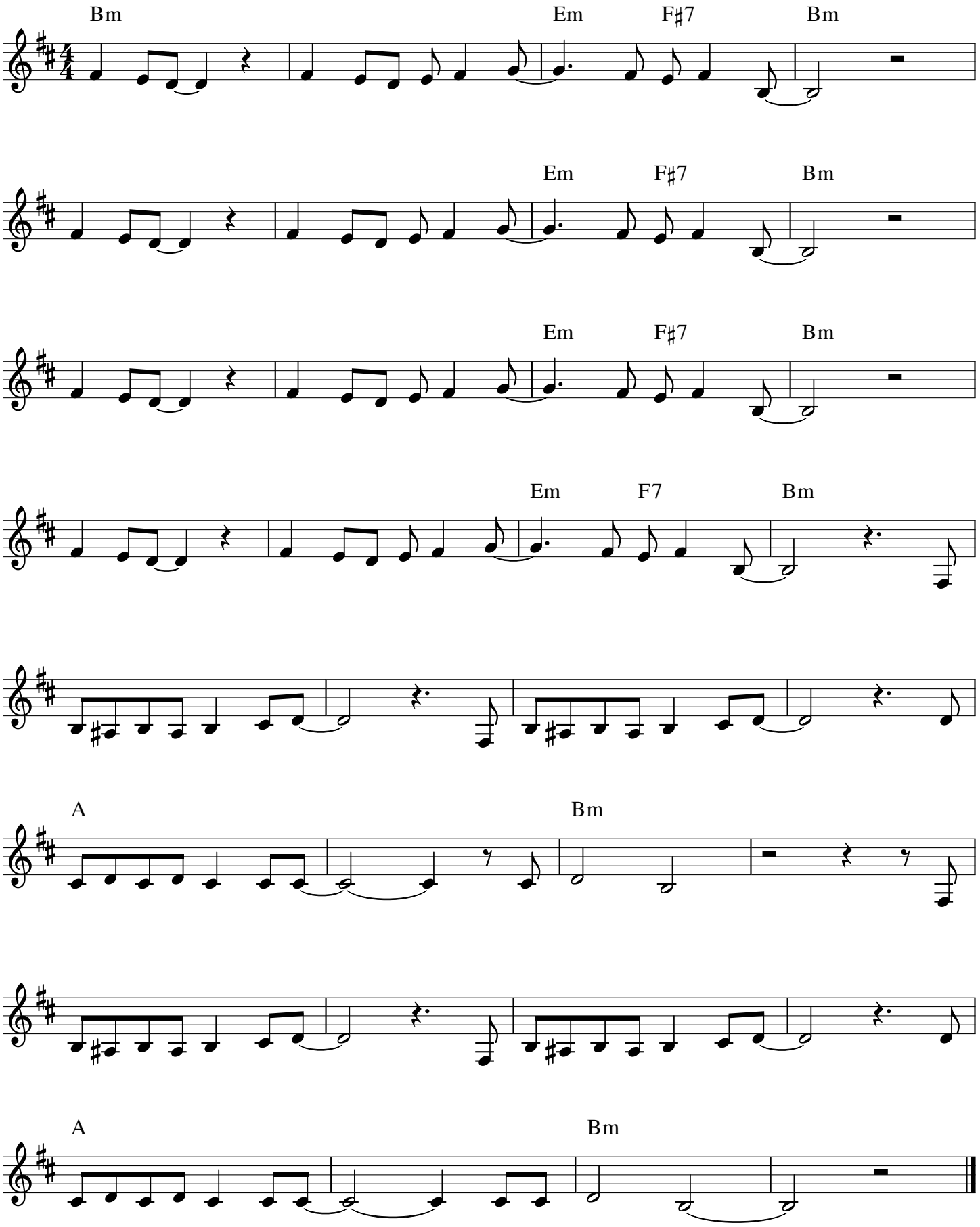Mamy Blue